



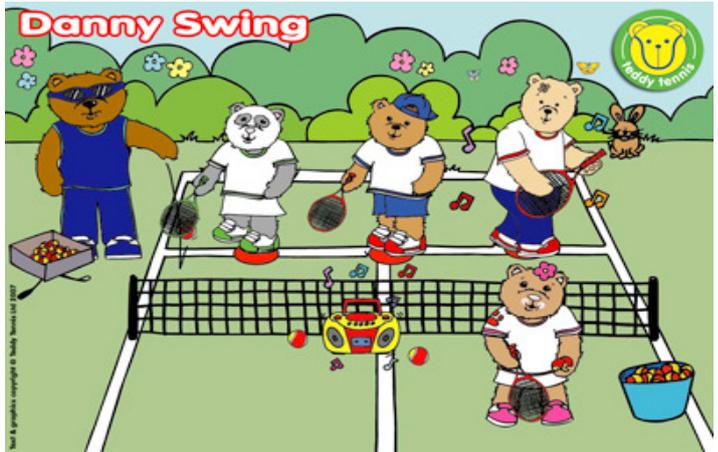
What is Teddy Tennis?

Teddy Tennis is a curriculum based sports education programme that inspires children aged 2½ to 5+ to get active and learn to play tennis.

Teddy Tennis works by combining Music, Pictures and Teddy Bear Characters into a totally interactive learning adventure that young children love.

Accelerated Learning

Teddy Tennis lessons are taught using the *Visual Auditory Kinesthetic* (VAK) accelerated learning system; "they see it, they hear it and they do it".



"Having FUN is the real secret of Teddy Tennis"

Teddy Tennis Activities

Teddy Tennis currently has 50+ Activities in the programme, all of which are presented as full colour illustrations of teddy bears at the Teddy Tennis Academy developing their different tennis skills. The pictures (known as Activity Cards) are shown to the children before they start each game or activity so they can see what they are going to do.



Visual
'See It'



Audio
'Hear It'



Kinesthetic
'Do It'

Applying the VAK multi-sensory learning approach to teaching has proved to be very effective, particularly for young children and it works brilliantly in Teddy Tennis Lessons not least of all because they have such fun playing Teddy Tennis.

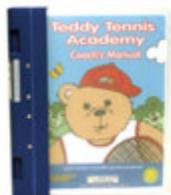
Educational Benefits

The many educational benefits of young children participating in Teddy Tennis Lessons include:

- Inspiring a love of sport.
- Teaching the essential tennis skills.
- Speeding up the learning process.
- Enhancing co-ordination.
- Improving confidence & self-esteem.
- Building communication skills and team work.
- Teaching the concept of sportsmanship & fair play.

The Teaching Programme

Teddy Tennis structured teaching programme is presented as a Coaches Manual (available in hard copy and 'on-line' formats) and includes three core components: *Teddy Tennis Activities*, *Teddy Tennis Music* and *Teddy Tennis Lesson Plans*.



Movement Skills



Ball Skills



Racket Skills

Teddy Tennis Activities focus on the 3 key skills required to play tennis: *Movement Skills*, *Ball Skills* (i.e. hand to eye co-ordination) and *Racket Skills*.

Teddy Tennis Music

All Teddy Tennis Activities are accompanied by music. Every piece of music has been specifically written by Teddy Tennis so as to provide the right rhythm and timing for each activity and game. The words of each song tell the children what to do.



Music Time



teddytennis.com

(44) (0) 345 643 1173

Teddy Tennis Music is a key part of the programme, it brings the lessons alive and provides the inspiration that makes Teddy Tennis so popular with young children, parents, teachers and coaches. There are about 40 different songs in the Teddy Tennis catalogue.



Nurseries, Schools and Clubs

Teddy Tennis is taught in nurseries, infant schools, leisure centres and sports and tennis clubs; in fact anywhere there is a safe play space with a surface where tennis balls can bounce!.



Teddy Tennis Lesson Plans

Teddy Tennis Lesson Plans bring together the Teddy Tennis Activities and the Teddy Tennis Music into a structured teaching format. There are currently 80 different Lesson Plans which have been carefully devised to take account of differences in age, ability and experience of the children that play Teddy Tennis. Typically the Lesson Plans are grouped into sets of 10 weekly sessions and have been devised to last either 30 or 50 minutes.

A Healthy Lifestyle

Every parent wants the best for their children and top of their list is for them to stay fit and healthy.



Teddy Tennis helps establish the basis of a healthy life style for children by making exercise and activity FUN and involving. Once children get the bug for being active, they will want to stay active for life.

What the Experts Say....

"We were approached by Teddy Tennis in January 2014 when they offered us a free trial session for our Nursery Classes.

Instantly the children were engaged. With clear instructions, actions to follow, music and pictures, activities pitched at just the right level, we decided to book 6 sessions.

Since then we have gone on to hold an after school club, sessions in the three Reception classes and now this years Nursery intake have just begun their sessions."

Teddy Tennis at Maple Infants' School, London

"My Daughter, Eva started Teddy Tennis as a trial in the summer holidays and enjoys weekly sessions at Loughborough Leisure centre. Eva leaves each session 'buzzing' about how much fun she has had in the lessons.

As a PE teacher, I am impressed with the simple, but effective practices that incorporate inspirational music and pictures suitable for very young children. Through progressive and targeted practices Eva, as a Pre school child has demonstrated advanced KS1 skills.

My son who is 2½ all ready sings the songs and will be starting Teddy Tennis very soon."

Emma Hopper, March 2016

To Find Out More

To find out more about Teddy Tennis call Jo or Steve at our Call Centre on +(44) (0)345 643 1173 or email us at info@teddytennis.com.